

# ITINERARY



## Day 01

We depart from our base in Ohakune at 8.00am and drive to Taumarunui. (Note: we can pick you up in National Park or Taumarunui). After unloading canoes and paddle instruction/safety briefing we set off onto the Whanganui. There are lots of small bouncy rapids and your guide will show you the best way to paddle through them. There is plenty of time to stop for a swim and we have morning tea before we reach our lunch stop at the lavender farm. There is time for a short walk to views over the river, and for a cold or hot drink from the cafe. After lunch we paddle for another hour to our take-out at Ohinepane. We return to Ohakune at around 4.00pm.